

Amazing Grace Team

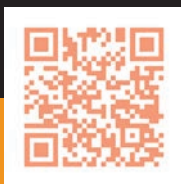


Left to right: Carl Clomon, Gale Cannon, Shana Moses

Shana Moses
Program Director
shana@walkerwest.org

Gale Cannon
Program Coordinator
gale@walkerwest.org

Carl Clomon
Music Director
carlc@walkerwest.org



Contact Us

For more info about Amazing Grace Chorus, please call Walker | West Music Academy at 651-224-2929.

760 Selby Avenue | Saint Paul, MN 55104
www.amazinggracechorus.org

*"Living and Aging well,
trusting in His Amazing Grace."*

JOIN US

If you are a senior singer or caregiver, please join us! We are dementia friendly and supportive to elders and caregivers in the community! All are welcome. Contact gale@walkerwest.org to join, or call Walker West Music Academy at 651-224-2929 to add your name to the list of members.

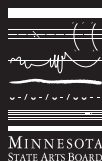
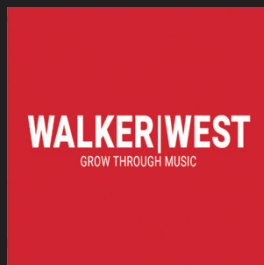
Amazing Grace Chorus connects elders of the community through creative healthy aging programming. Upholding these initiatives requires great financial support that derives from the generous contributions of conscientious donors like you.

If you want to help support Amazing Grace Chorus, please contact shana@walkerwest.org. We are proudly supported by The Minnesota Humanities Center and Walker West Music Academy.



Amazing Grace Chorus

Keepers
of the
Culture



Minnesota
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Center



About Amazing Grace Chorus

The Amazing Grace Chorus (AGC) is a choir for adults, ages 55+, who live and promote healthy aging through the gift of song. This community chorus highlights the culture and music of African Americans as it offers 'music to remember' in a dementia friendly space that builds community for chorus members. Each session is designed to use the power of music to promote interpersonal connections, access memories, and curb isolation. Through song, AGC engages the heart and soul of the listener and performer and brings anew the memories of love, friendship, family, and community. We partner with community-based health and cultural organizations to promote healthy aging in the African American community.

Our Musical Repertoire

AGC's musical focus is primarily well known and beloved songs endemic to the African American culture and experience. Gospel and Spiritual songs bring to light the rich stories, rhythms, melodies, and exciting harmonies of our musical history. The experience is aspirational to developing and sustaining a Beloved Community where people care about and help one another.

www.amazinggracechorus.org

Our Program

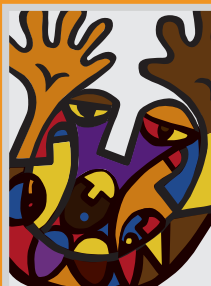
Virtual Programming: AGC meets virtually once each month to enjoy rich connections and share in dialog that reduces isolation. In these virtual segments we discuss topics that promote healthy aging, relationship building, and community healing. Virtual meetings also feature guest artists who minister to our chorus members with music and words of encouragement and/or affirmations.

In-person Programming: AGC meets in-person once each month at the Walker|West Music Academy. The chorus rehearses songs taken from our repertoire in preparation for scheduled in-person events and presentations. We encourage physical movement in these gatherings by incorporating stretching and breathing exercises facilitated by skilled AGC leaders.



"Aging is not lost youth, but a new stage of opportunity and strength. Life is a journey filled with unexpected miracles. Without music, life is a journey through a desert. Music brings healing, power, and joy."

-Authors: Betty Friedan, Pat Conroy



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